



Lansing

Military Entrance Processing Station
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Lieutenant Commander Garth T. Thomas

United States Navy

Lt. Cmdr. Garth T. Thomas is the commander of the Lansing Military Entrance Processing Station and supports the USMEPCOM mission of evaluating applicants by applying Department of Defense standards in processing and determining eligibility for military service.

He is a 2010 graduate of the United States Naval Academy where he earned a Bachelor of Science Degree in English.

Lt. Cmdr. Thomas served as the auxiliaries officer aboard USS Avenger, forward deployed to Sasebo, Japan and deployed to 7th Fleet Area of Operations; fire control officer, USS Shiloh, forward deployed to Yokosuka, Japan and deployed to 7th Fleet Area of Operations; Officer Instructor, Aegis Training and Readiness Center, Dahlgren; Weapons & Combat Systems officer, USS Curtis Wilbur, forward deployed to Yokosuka, Japan and deployed to 7th Fleet Area of Operations; and Manpower officer, Office of Naval Intelligence, Suitland, Maryland.

His professional military education includes Officer of the Deck, Engineering Officer of the Watch, Tactical Action Officer, Joint Professional Military Certification, and designation as a Surface Warfare Officer. Lt. Cmdr. Thomas is a current student at Georgetown University, pursuing his Master's in Human Resources Management. He earned a Master of Arts in global security studies from Johns Hopkins University, Baltimore, Maryland.

His military awards and decorations include the 2020 Navy and Marine Corps Leadership Award, the Navy and Marine Corps Commendation Medal (four awards), Navy and Marine Corps Achievement Medal (two awards) and various service, unit and personal medals and ribbons.